



TEXAS DEPARTMENT OF HEALTH
AUSTIN TEXAS
INTER-OFFICE

01-109

TO: Regional Directors
Directors, Local Health Departments
Directors, Independent WIC Local Agencies
Herman Horn, Chief, Bureau of Regional/Local Health Operations

FROM: Barbara Keir, Director
Division of Public Health Nutrition and Education

DATE: October 5, 2001

SUBJECT: 2002 Texas WIC Approved Foods Brochures

The Texas WIC Approved Foods brochures and posters were shipped to the local agencies in early September. These were effective October 1, 2001. If you have not received your order or have any questions about your shipment, contact Paula Kanter, Clinical Nutrition Specialist, at 512-458-7111, ext. 3528.

WIC participants will be able to select foods from both the new Texas WIC Approved Foods brochure (effective October 1, 2001) and the 2001 Texas WIC Approved Foods until the end of the year. Starting January 1, 2002, only the new brochure will be valid.

Please note the following changes on the new brochure:

- Participants will not be allowed to purchase beans, peas or lentils in bulk.
- Cheese can only be purchased in 1 and 2 pound packages. Deli cheese will not be allowed.

The changes to the 2002 allowable cereals and juices, which were fairly minor, are listed below:

	<u>ADDING</u>	<u>DROPPING</u>
CEREAL:	<u>Crispy Rice Store Brands</u>	<u>Crispy Rice Store Brands</u>
	Always Save	American Fare
	Furr's	
	Kountry Fresh	
	Kroger	
	Remarkable	

ADDING

CEREAL: National Brands

Multigran Chex
Toasted Oatmeal Squares
Grape Nut Flakes
Frosted Mini Spooners (Malt-O-Meal)

JUICE: Apple Juice - 12 oz frozen

Furr's
Remarkable

Apple Juice - 46 oz canned

Best Choice
Big 8
Furr's
IGA
Remarkable

Vegetable Juice-46 oz

Albertson's
Big 8
Remarkable
V-8

**Pineapple Mango and
Orange Mango – 46 oz**

Big Tex

DROPPING

National Brands

Wheat Chex
Total Whole Grain
Country Corn Flakes
Frosted Mini Wheats (Kellogg's)
Toasty O's
Bran Flakes (Post)

Apple Juice - 12 oz frozen

Alberston's
Always Save
Best Choice
Great Value
Lucky Leaf

Apple Juice - 46 oz canned

Great Value

Vegetable Juice-46 oz

Fiesta

Purple Grape - 12 oz frozen

Great Value

Should you have any questions about this information, contact Paula Kanter at 512-458-7111, ext 3528.